

## KLAG TIME ACTIVITIES:

Spend some time learning the memory verse: [Philippians 4:13](#)

Philippians 4:13

I can do all things (everything) through Him who gives me strength.

What can we do with God's help?

He helps us to do all the things that Paul has been talking about in his letter to the Philippians ... to be living a life worthy of the gospel; having the same mind as Jesus; to put others before ourselves; to rejoice in all situations...

Who does He give help to?

Those who trust Him, who believe in the gospel. Those who are working at living a life worthy of the gospel.

So what should we be doing?

Trust Jesus; share this message; encourage each other; stand firm together to share the gospel and live a life worthy of the gospel; model our life on Paul; have the same mind as Christ, loving others and make the gospel the most important thing in our life....

### ACTIVITIES:

Why not have a go at the *science experiment* from the talk:

Roll up a piece of paper and put some tape to hold it together

Balance a book or 2 or 3 or more on top....

How many can balance before it collapses?

Try different types of paper...

Try rolling it the other way...

Try rolling it tighter or looser...

*Which is the strongest way?*

or you can try this challenge to take it up a notch

<https://www.youtube.com/watch?v=rkH-0dpYbkc>

***Which way works the best?***